

LUNCH MENU

September 2011

Mon	Tue	Wed	Thu	Fri
29 Shell pasta, garlic, basil, sliced tomato, garlic bread, Iceberg lettuce with ranch dressing, Jell-O	30 Cheese quesadilla Side of pinto beans & celery sticks & bell pepper wedges with ranch dip, <i>Jell-O</i>	31 Chicken fajita, 2 tortillas, Spanish rice, Green salad	1 All beef hot dog with macaroni and cheese, green salad	2 Thin crust pizza with mushroom and/or pepperoni topping, Caesar Salad w/ croutons
5 Labor Day School Closed	6 Chicken kebab with rice salad Sliced bell peppers (green, orange, yellow)	7 Hamburger (top sirloin beef) with cheese, lettuce & tomato on the side with baked fries ketchup / mustard	8 Shredded beef taco in hard shell with sliced lettuce, shredded cheese & salsa on the side, Jell-O	9 Chicken Nuggets white meat (4piece) french fries, green salad Jell-O
12 Grilled cheese melt baked fries lettuce salad with ranch, tomato wedge & celery sticks, Jell-O	13 Roast beef with mushrooms, mashed potatoes, gravy, steamed peas & carrots	14 Chicken tenders sandwich white buns Iceberg Lettuce Ranch dressing	15 Thin crust pizza with mushroom and/or pepperoni topping, Caesar Salad w/ croutons	16 Beef teriyaki sautéed with broccoli served on white rice, Jell-O
19 Spaghetti & meat * sauce garlic bread Iceberg lettuce salad with ranch	20 Cheese Bureg Hummus Pita bread Armenian salad	21 Armenian Republic Independence School Closed	22 Lule kebob with bulgur pilaf and pita bread with labne, Armenian salad	23 Ceasar Salad with white Chicken meat Baked potato
26 Shell pasta * garlic, basil, sliced tomato, garlic bread, Iceberg lettuce with ranch dressing, Jell-O	27 Cheese quesadilla* Side of pinto beans & celery sticks & bell pepper wedges with ranch dip, <i>Jell-O</i>	28 Chicken fajita* 2 tortillas, Spanish rice, Green salad	29 All beef hot dog* with macaroni and cheese, green salad	30 Parent/Tracher Conference Pupil Free Day

With choice of milk, juice or water